

**Personal Information:**

Last Name: \_\_\_\_\_

First Name: \_\_\_\_\_

Middle Initial: \_\_\_\_\_

Previous Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Social Security: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Gender: ☐ Male ☐ Female

Home Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Cell Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Email: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Relation: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_

Office Location (**city/state**): \_\_\_\_\_

Referring Physician: \_\_\_\_\_

Office Location (**city/state**): \_\_\_\_\_

Work Status: ☐ Working ☐ Not Working ☐ Disabled

Occupation: \_\_\_\_\_

Employer Name: \_\_\_\_\_

Work Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Marital Status: ☐ Single ☐ Married ☐ Separated ☐ Divorced ☐ Widowed

Injury / illness related to:

☐ Work ☐ Auto-related ☐ Slip-&-fall

☐ Other \_\_\_\_\_

Pharmacy Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

**Insurance Information:**

Primary Insurance Name: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

ID/Contract No. \_\_\_\_\_

Group No. \_\_\_\_\_

Subscriber: ☐ Self ☐ Spouse ☐ Parent ☐ Other:

Subscriber's Name: \_\_\_\_\_

Subscriber's Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Secondary Insurance Name: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

ID/Contract No. \_\_\_\_\_

Group No. \_\_\_\_\_

Subscriber: ☐ Self ☐ Spouse ☐ Parent ☐ Other:

Subscriber's Name: \_\_\_\_\_

Subscriber's Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Auto Insurance Name: \_\_\_\_\_

Worker's Comp Name: \_\_\_\_\_

Adjustor's Name: \_\_\_\_\_

Attorney's Name: \_\_\_\_\_

Claim No.: \_\_\_\_\_

Claim No.: \_\_\_\_\_

Adjustor's Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Attorney's Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

HT: \_\_\_\_\_ WT: \_\_\_\_\_, Please check one: ☐ R ☐ L - handed, or ☐ ambidextrous

**Is there a specific question that you or your doctor would like answered regarding your pain?**

**The specific pain that brings you to our center today is located where? – mark the locations on the drawing below**

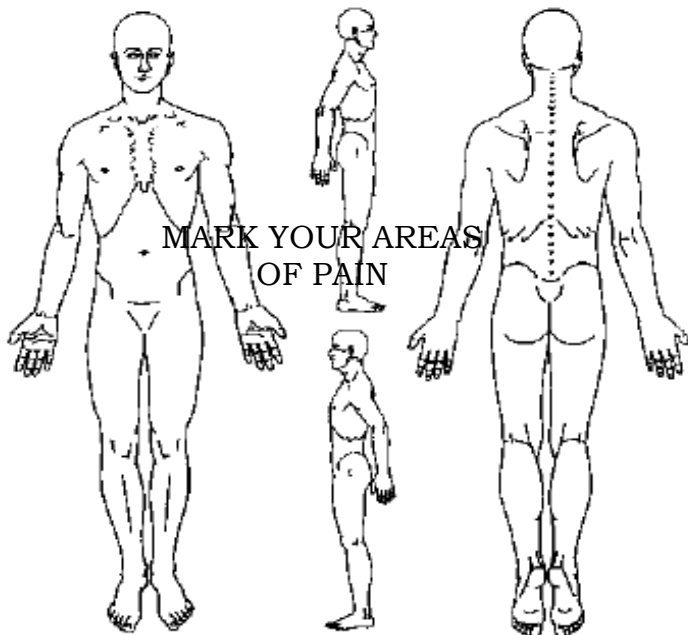
**How long have you had your pain?**

**Briefly describe how your pain started:**

**Rate how your pain has interfered with your daily activities and how it affects you personally? On a scale of 0-10**

**0 = Does not interfere, 10 = Total interference**

- \_\_\_/ 10 Usual work routine
- \_\_\_/ 10 Social Life
- \_\_\_/ 10 Mood
- \_\_\_/ 10 Routine home chores
- \_\_\_/ 10 Enjoyment of life
- \_\_\_/ 10 Sleep



**0 = No Pain, 10 = Worst pain imaginable**

- I would rate my pain today at \_\_\_/10
- I would rate my worst pain at \_\_\_/10
- I would rate my pain when it is under control at \_\_\_/10
- I could accept or live with my pain level at a \_\_\_/10

**When does your pain occur most?**

- ☐ Morning ☐ Night ☐ All day ☐ Comes & Goes

**Does your pain affect your sleep? No, Yes – If yes, how?**

- ☐ Trouble falling asleep
- ☐ Trouble staying asleep
- ☐ Awakening frequently because of the pain

**Check off the words that best describe your pain:**

- |   |                                       |
|---|---------------------------------------|
| <input type="checkbox"/> Aching         | <input type="checkbox"/> Throbbing    |
| <input type="checkbox"/> Cramping       | <input type="checkbox"/> Dull         |
| <input type="checkbox"/> Grinding       | <input type="checkbox"/> Excruciating |
| <input type="checkbox"/> Burning        | <input type="checkbox"/> Severe       |
| <input type="checkbox"/> Cutting        | <input type="checkbox"/> Sharp        |
| <input type="checkbox"/> Itching        | <input type="checkbox"/> Squeezing    |
| <input type="checkbox"/> Shooting       | <input type="checkbox"/> Piercing     |
| <input type="checkbox"/> Stabbing       | <input type="checkbox"/> Numbness     |
| <input type="checkbox"/> Electric shock | <input type="checkbox"/> Tingling     |

**How do the following affect your pain?**

	<i><b>Decreases My Pain</b></i>	<i><b>Increases My Pain</b></i>	<i><b>No Change in Pain</b></i>
Heat	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cold	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Damp/Weather Change	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Massage/Pressure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Being Still	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Movement	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Rest	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Lying Down	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Standing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sitting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Walking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Traveling in the Car	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Turning	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bending Forward	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bending Backward	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Climbing stairs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Going down stairs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Exercise	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Coughing/Sneezing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Urination	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bowel Movement	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**Which of the following have you tried in attempt to help alleviate your pain?**

<input type="checkbox"/> Physical Therapy	<input type="checkbox"/> Mobilization	<input type="checkbox"/> Occupational Therapy	<input type="checkbox"/> Exercises	<input type="checkbox"/> Traction	<input type="checkbox"/> Orthotics
<input type="checkbox"/> Acupuncture	<input type="checkbox"/> Prosthetics	<input type="checkbox"/> Relaxation Therapy	<input type="checkbox"/> Biofeedback	<input type="checkbox"/> TENS	<input type="checkbox"/> Nerve Blocks
<input type="checkbox"/> Aerobic	<input type="checkbox"/> Drug/Alcohol Detoxification		<input type="checkbox"/> Chiropractic/Massage		<input type="checkbox"/> Psychology
<input type="checkbox"/> Epidural Steroid Injection	<input type="checkbox"/> Facet Injection		<input type="checkbox"/> Radiofrequency	<input type="checkbox"/> Intrathecal Drug Delivery Pump	
<input type="checkbox"/> Spinal Cord Stimulation	<input type="checkbox"/> Kyphoplasty/Vertebroplasty		<input type="checkbox"/> Others:		

**Medical History:**

<input type="checkbox"/> Cancer – Type:					
<input type="checkbox"/> Tuberculosis	<input type="checkbox"/> Asthma	<input type="checkbox"/> COPD	<input type="checkbox"/> Emphysema	<input type="checkbox"/> Heart Attack	<input type="checkbox"/> Sleep Apnea
<input type="checkbox"/> CHF	<input type="checkbox"/> Angina	<input type="checkbox"/> Pacemaker	<input type="checkbox"/> AICD	<input type="checkbox"/> Heart Stents	<input type="checkbox"/> Hepatitis
<input type="checkbox"/> Kidney Problem	<input type="checkbox"/> Dialysis	<input type="checkbox"/> Lupus	<input type="checkbox"/> Paralysis	<input type="checkbox"/> Headaches	<input type="checkbox"/> Seizures
<input type="checkbox"/> Mini Stroke (TIA)	<input type="checkbox"/> Stroke (CVA)	<input type="checkbox"/> Pancreatitis	<input type="checkbox"/> Cirrhosis	<input type="checkbox"/> Shingles	<input type="checkbox"/> Hypertension
<input type="checkbox"/> Bleeding disorder	<input type="checkbox"/> Heart Murmur	<input type="checkbox"/> Incontinence	<input type="checkbox"/> Easy Bruising	<input type="checkbox"/> Psoriasis	<input type="checkbox"/> Anemia
<input type="checkbox"/> Numbness	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Oxygen Use	<input type="checkbox"/> Liver Problems	<input type="checkbox"/> Heartburn	<input type="checkbox"/> Fibromyalgia
<input type="checkbox"/> HIV/AIDS	<input type="checkbox"/> Gastritis	<input type="checkbox"/> Gastric Ulcers	<input type="checkbox"/> Thyroid Disease	<input type="checkbox"/> Arthritis	<input type="checkbox"/> Gout

**Allergies:**

☐ Latex   ☐ Contrast Dye   ☐ Tape/Adhesive   ☐ Shellfish   ☐ Balloons   ☐ None   ☐ Other: \_\_\_\_\_

**Medications:**

Do you take a blood thinner? ☐ No   ☐ Yes – If yes, what are they? \_\_\_\_\_

Who prescribes your blood thinner? \_\_\_\_\_

Please list below **ALL** medications that you currently are taking:

<i>Medication Name</i>	<i>Strength</i>	<i>Direction on Bottle</i>

~ If you need more space, please check box ☐ and write on **last page**

**Surgical History:**

<i>Date</i>	<i>Type of Surgery</i>	<i>Hospital</i>	<i>Surgeon</i>

~ If you need more space, please check box ☐ and write on **last page**

**Family History:**

<input type="checkbox"/> No Significant Family History	<input type="checkbox"/> Cancer	<input type="checkbox"/> Low Back Pain	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Heart Disease
<input type="checkbox"/> Rheumatoid Arthritis	<input type="checkbox"/> Bleeding Disorder	<input type="checkbox"/> Hypertension	<input type="checkbox"/> Blood disorder	<input type="checkbox"/> Airway Disease

**Social History:**

What is your marital status? ☐ Single ☐ Married ☐ Separated ☐ Divorced ☐ Widowed

How many children do you have? \_\_\_\_\_ How many children live with you at home? \_\_\_\_\_

Do you smoke? ☐ No ☐ Yes:

If yes, how many packs per day \_\_\_\_\_ How many years have you been smoking? \_\_\_\_\_ (yrs)

Do you drink alcohol? ☐ No ☐ Yes:

If yes, how much and how often do you drink? (e.g. 2 glasses of wine each day) \_\_\_\_\_

Do you use recreational or illicit drugs? ☐ No ☐ Yes:

If yes, please describe: \_\_\_\_\_

Do you exercise regularly? ☐ No ☐ Yes:

If yes, how often? \_\_\_\_\_

**Previous Diagnostic Studies related to your pain? Check all those that apply:**

<input type="checkbox"/> MRI	When: _____	Where: _____
<input type="checkbox"/> CT Scan	When: _____	Where: _____
<input type="checkbox"/> Plain X-ray	When: _____	Where: _____
<input type="checkbox"/> EMG/NCV	When: _____	Where: _____
<input type="checkbox"/> Myelogram	When: _____	Where: _____
<input type="checkbox"/> Bone Scan	When: _____	Where: _____

**Have you had any of the following signs or symptoms in the *past 2 weeks*?**

<input type="checkbox"/> Unintentional Wt Loss	<input type="checkbox"/> Nausea/Vomiting	<input type="checkbox"/> Fever (> 101°F)	<input type="checkbox"/> Rash	<input type="checkbox"/> Cough	<input type="checkbox"/> Abdominal pain
<input type="checkbox"/> Swelling of extremities	<input type="checkbox"/> Appetite change	<input type="checkbox"/> Blood in stool	<input type="checkbox"/> Jaundice	<input type="checkbox"/> Chest pain	<input type="checkbox"/> Blood in urine
<input type="checkbox"/> Muscle weakness	<input type="checkbox"/> Shortness of breath	<input type="checkbox"/> Wheezing	<input type="checkbox"/> Dizziness	<input type="checkbox"/> Abnormal Menstrual Cycle	
<input type="checkbox"/> Ringing in ears	<input type="checkbox"/> Chills	<input type="checkbox"/> Headaches	<input type="checkbox"/> Arrhythmia	<input type="checkbox"/> Bleeding gums	<input type="checkbox"/> Oxygen use
<input type="checkbox"/> Hearing disturbance	<input type="checkbox"/> Visual disturbance	<input type="checkbox"/> Can't Urinate	<input type="checkbox"/> Constipation		

**~Please mail back or drop off this packet as soon as possible to avoid any delays with your appointment~**

**OFFICE USE ONLY:**

By affixing my signature below I attest that I have reviewed the information contained in the entire questionnaire and that I have reviewed the key findings with the patient and/or their family. The pertinent findings are summarized in my progress notes; however, the questionnaire may be referenced for additional details.

**Pain Consultant Signature:** \_\_\_\_\_ **Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_

LAST NAME: \_\_\_\_\_, FIRST INITIAL \_\_\_\_\_

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**ADDITIONAL INFORMATION:**

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