



Dr. Ariel Majjhoo Dr. Bryant Ittiara
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Personal Information:

Last Name:
First Name:
Middle Initial:
Previous Name(s):
Address:
City: State: Zip:
Date of Birth:
Social Security:
Gender: Male Female
Home Phone:
Cell Phone:
Email:
Emergency Contact:
Relation:
Phone:

Primary Care Physician:
Office Location (City/State):
Referring Physician:
Office Location (City/State):
Marital Status: Single Married Separated
Divorced Widowed
Work Status: Working Not Working Disabled
Occupation:
Employer Name:
Work phone:
Injury/Illness related to:
Work Auto-related Slip-&-fall
Other
Pharmacy Name:
Address:
City: State: Zip:

Insurance Information:

Primary Insurance:
Phone:
ID/Contract Number:
Group Number:
Subscriber: Self Spouse Parent Other:
Subscriber's Name:
Subscriber's Date of Birth:

Secondary Insurance:
Phone:
ID/Contract Number:
Group Number:
Subscriber: Self Spouse Parent Other:
Subscriber's Name:
Subscriber's Date of Birth:

Auto Insurance Name:
Worker's Comp Name:
Adjustor's Name:
Attorney's Name:

Claim Number:
Claim Number:
Adjustor's Phone:
Attorney's Phone:

HT: _____ WT: _____ Please check one: R L-handed, or ambidextrous Age: _____

Where is the specific pain that brings you to our office located? *Please mark on the images below*

Briefly describe how your pain started:

How long have you had your pain?

Is there a specific question that you or your doctor would like answered regarding your pain?

Rate how your pain has interfered with your daily activities and how it affects you personally.

0 = Does not interfere, 10 = Total interference

- ___/ 10 Usual work routine
- ___/ 10 Social Life
- ___/ 10 Mood
- ___/ 10 Routine home chores
- ___/ 10 Enjoyment of Life
- ___/ 10 Sleep

0 = No Pain, 10 = Worst pain imaginable

- I would rate my pain today at ___/10
- I would rate my worst pain at ___/10
- I would rate my pain when it is under control at ___/10
- I could accept or live with my pain level at a ___/10

When does your pain occur most?

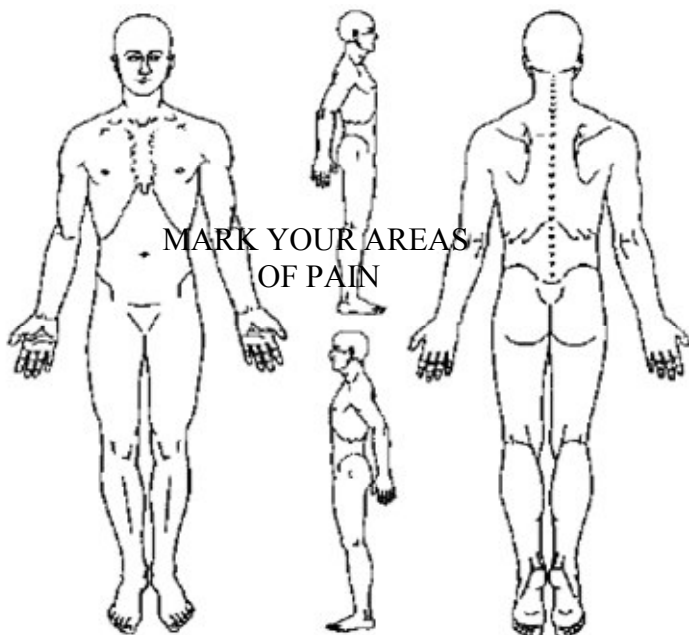
- Morning Night All day Comes & Goes

Does your pain affect your sleep? No, Yes – If yes, how?

- Trouble falling asleep
- Trouble staying asleep
- Awakening frequently because of the pain

Check off the words that best describe your pain:

- | | |
|---|---------------------------------------|
| <input type="checkbox"/> Aching | <input type="checkbox"/> Throbbing |
| <input type="checkbox"/> Cramping | <input type="checkbox"/> Dull |
| <input type="checkbox"/> Grinding | <input type="checkbox"/> Excruciating |
| <input type="checkbox"/> Burning | <input type="checkbox"/> Severe |
| <input type="checkbox"/> Cutting | <input type="checkbox"/> Sharp |
| <input type="checkbox"/> Itching | <input type="checkbox"/> Squeezing |
| <input type="checkbox"/> Shooting | <input type="checkbox"/> Piercing |
| <input type="checkbox"/> Stabbing | <input type="checkbox"/> Numbness |
| <input type="checkbox"/> Electric shock | <input type="checkbox"/> Tingling |



LAST NAME: _____, FIRST INITIAL _____

How do the following affect your pain?

	Decreases my pain	Increases my pain	No change in my pain
Heat	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cold	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Damp/Weather change	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Massage/Pressure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Lying Down	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Standing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sitting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Walking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Traveling in the Car	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Turning/Twisting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bending Forward	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bending Backward	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Climbing or going down stairs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Exercise	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Coughing/Sneezing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Urination	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bowel Movement	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Which of the following have you tried in attempt to help alleviate your pain?

<input type="checkbox"/> Epidural Steroid Injection	<input type="checkbox"/> Facet Injection	<input type="checkbox"/> Nerve Blocks	<input type="checkbox"/> Radiofrequency
<input type="checkbox"/> Physical Therapy	<input type="checkbox"/> Occupational Therapy	<input type="checkbox"/> Exercises	<input type="checkbox"/> Chiropractic/Massage
<input type="checkbox"/> Traction	<input type="checkbox"/> Orthotics	<input type="checkbox"/> Mobilization	<input type="checkbox"/> TENS
<input type="checkbox"/> Acupuncture	<input type="checkbox"/> Relaxation Therapy	<input type="checkbox"/> Biofeedback	<input type="checkbox"/> Psychology
<input type="checkbox"/> Spinal Cord Stimulation	<input type="checkbox"/> Kyphoplasty/Vertebroplasty	<input type="checkbox"/> Intrathecal Drug Delivery Pump	
<input type="checkbox"/> Others:			

Medical History: *Please select all that you have been diagnosed with*

<input type="checkbox"/> Cancer – Type:					
<input type="checkbox"/> Heart Attack	<input type="checkbox"/> Heart Stents	<input type="checkbox"/> CHF	<input type="checkbox"/> Angina	<input type="checkbox"/> Hypertension	<input type="checkbox"/> Pacemaker
<input type="checkbox"/> Heart Murmur	<input type="checkbox"/> Asthma	<input type="checkbox"/> COPD	<input type="checkbox"/> Emphysema	<input type="checkbox"/> Sleep Apnea	<input type="checkbox"/> Tuberculosis
<input type="checkbox"/> Kidney Problem	<input type="checkbox"/> Dialysis	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Liver Problems	<input type="checkbox"/> Hepatitis	<input type="checkbox"/> Cirrhosis
<input type="checkbox"/> Mini Stroke (TIA)	<input type="checkbox"/> Stroke (CVA)	<input type="checkbox"/> Headaches	<input type="checkbox"/> Seizures	<input type="checkbox"/> Blood clots	<input type="checkbox"/> Dementia
<input type="checkbox"/> Gastritis	<input type="checkbox"/> Heartburn/GERD	<input type="checkbox"/> IBS	<input type="checkbox"/> Gastric Ulcers	<input type="checkbox"/> Bowel/Bladder Incontinence	
<input type="checkbox"/> Lupus	<input type="checkbox"/> Rheumatoid Arthritis	<input type="checkbox"/> Osteoarthritis	<input type="checkbox"/> Gout	<input type="checkbox"/> Fibromyalgia	<input type="checkbox"/> Psoriasis
<input type="checkbox"/> Bleeding Disorder	<input type="checkbox"/> Anemia	<input type="checkbox"/> Pancreatitis	<input type="checkbox"/> Thyroid Disease	<input type="checkbox"/> Shingles	<input type="checkbox"/> HIV/AIDS
<input type="checkbox"/> Depression	<input type="checkbox"/> Anxiety	<input type="checkbox"/> Bipolar Disorder	<input type="checkbox"/> Others:		


Allergies:

- No Known Allergies
 Latex Contrast Dye Tape/Adhesive Shellfish Balloons Medications: _____
 Other: _____

Medications: please list ALL medications you are currently taking

Medication Name	Strength	Directions on bottle

*If you need more space, please continue your medication list on the last page of the packet.

 Do you take a blood thinner? No Yes – If yes, what are they? _____
 Who prescribes your blood thinner? _____

Surgical History:

Date	Type of Surgery	Hospital	Surgeon

*If you need more space, please continue your surgical history on the last page of the packet.

Family History:

<input type="checkbox"/> No significant family history	<input type="checkbox"/> Cancer- Type: _____	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Blood Disorder
<input type="checkbox"/> Arthritis: <input type="checkbox"/> OA <input type="checkbox"/> RA	<input type="checkbox"/> Cardiovascular Disorder: <input type="checkbox"/> Hypertension <input type="checkbox"/> Heart Disease <input type="checkbox"/> Other: _____		
<input type="checkbox"/> Autoimmune Disorder	<input type="checkbox"/> Neurological Disorder: <input type="checkbox"/> Stroke <input type="checkbox"/> Migraines <input type="checkbox"/> Multiple Sclerosis <input type="checkbox"/> Other: _____		

Social History:

What is your marital status? Single Married Separated Divorced Widowed

How many children do you have? _____ How many children live with you at home? _____

Do you smoke? No Yes:

If yes, how many packs per day? _____ How many years have you been smoking? _____

Do you drink alcohol? No Yes:

If yes, how much and how often do you drink? (ex: 2 glasses of wine per day) _____

Do you use recreational or illicit drugs? No Yes:

If yes, please describe: _____

Do you exercise regularly? No Yes:

If yes, how often? _____

Are you employed? No Yes:

If yes, where? _____ For how many years? _____

Please briefly describe your job duties: _____

If no, where were you previously employed? _____ For how many years? _____

Previous Diagnostic Imaging Completed: *please select all that apply*

<input type="checkbox"/> MRI	When:	Where:	Ordering Physician:
<input type="checkbox"/> CT Scan	When:	Where:	Ordering Physician:
<input type="checkbox"/> Plain X-ray	When:	Where:	Ordering Physician:
<input type="checkbox"/> EMG/NCV	When:	Where:	Ordering Physician:
<input type="checkbox"/> Myelogram	When:	Where:	Ordering Physician:
<input type="checkbox"/> Bone Scan	When:	Where:	Ordering Physician:

Review of Systems: *please circle all of the following signs or symptoms you have experienced in the past 2 weeks*

CONSTITUTIONAL: weight loss, fever, chills, weakness, or fatigue

HEENT: Eyes: visual loss, blurred vision, double vision, or yellow sclera; Ears, Nose, & Throat: hearing loss, sneezing, congestion, running nose, or sore throat

SKIN: rash or itching

CARDIOVASCULAR: chest pain, chest pressure, or chest discomfort; palpitations or edema

RESPIRATORY: shortness of breath, cough, or oxygen use

GASTROINTESTINAL: anorexia, nausea, vomiting, diarrhea, constipation, abdominal pain or blood

GENITOURINARY: burning with urination, change in urinating habits or stream; pregnancy

NEUROLOGICAL: headache, dizziness, syncope, paralysis/weakness, ataxia, numbness or tingling in the extremities; change in bowel or bladder control

MUSCULOSKELETAL: muscle pain, muscle weakness, back pain, joint pain, or joint stiffness

HEMATOLOGIC: anemia, bleeding, or easy bruising

LYMPHATICS: enlarged nodes, swelling in extremities; history of splenectomy

PSYCHIATRICS: history of depression, anxiety, or bipolar; suicidal or homicidal thoughts

ENDOCRINOLOGIC: reports of sweating, cold or heat intolerance, polyuria (frequent urination), or polydipsia (excessive thirst)



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Additional Information:

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15.

By affixing my signature below I attest that I have reviewed the information contained in the entire questionnaire and that I have reviewed the key findings with the patient and/or their family. The pertinent findings are summarized in my progress notes; however, the questionnaire may be referenced for additional details.

Pain Consultant/Physician Signature: _____ Date: ___/___/___