NIPM NEUROINTERVENTIONAL PAIN MANAGEMENT

Dr. Ariel Majjhoo
1030 N. Monroe Street, Monroe, MI 48162
24430 Ford Rd., Dearborn Heights, MI 48127
Ph: 734-682-3309
Fax: 734-682-1488

Post-Procedure Instructions

Medications…

- Resume any medication that you take on a regular basis, unless otherwise instructed.

Watch for these Symptoms...

- Bleeding or other drainage from injection site.
- Unusual redness or swelling around injection site.
- Persistent pain that is new at the injection site.
- Temperature of 100 or above.
- Persistent numbness, tingling or severe weakness that you did not have before the injection.

*Remember***—you have final responsibility for your care.** Call your primary doctor for <u>any</u> problems that concern you. If it is after normal business hours, and you are still concerned, call **911** or go to the Emergency Room.

If you Received Sedation for the next <u>24</u> hours….

- Do **NOT** stay alone
- Do **NOT** drink
- **AVOID** making important decisions for the rest of the day.
- You may return to your normal activities the next day.

Comfort Measures
DAY 1

- Apply **ice only** to injection site for up to 10 minutes at a time, up to 4 times during a day.
- You must apply ice ASAP for it to be effective-before local anesthetic wears off.
- Do no put ice directly on skin-place cloth between ice and skin.
- Remove band-aid after 12 hours.

DAY 2

- Alternate **ice** and **moist heat** (no dry heat-heating pad)
- Apply each for up to 10 minutes at a time, up to 4 times during the day.

PAIN… may return after local anesthetic has worn off (approx 4-6hrs) If you have been given steroids, it may take up to 72 hours for it to begin working. Continue taking your regularly prescribed pain medications.

IMPORTANT: Immediately call 911, or go to the nearest Emergency room, if you have any shortness of breath or difficulty breathing!

I have received a copy of these instructions. I understand them and agree that is my responsibility to follow them.

_____
Patient Signature

_____
Print Name

_____
Date

_____
Staff Signature